

5-PATH® IAHP Board Certification Prep Guide

Preparing for this BCHP process:

- ❖ Review the 5-PATH® Level I & II Manuals: Ensure you have a thorough understanding of:
 - Hypnotism. What is it? Who and when should it be used? Best practices.
 - The Mind
 - The 5-PATH® System
 - Phases, Parts of each phase, phase goals, techniques used in each phase.
 - Why use it? What are its benefits? When should it be used?
 - 7th Path Self-Hypnosis®.
 - What is it? How does it work? Why? How is it unique?
 - Techniques used within it.
 - How is it used within the context of the 5-PATH® System?
 - What are its benefits?
 - The Secret Language of Feelings.
 - What is it? How is it used/applied? What are its benefits?
 - How does a 5-PATH® hypnotist use it?
 - How is it used within the context of the 5-PATH® System?
 - *If 5-PATHers have an acronym for it, you should know it.*
 - **THIS IS NOT AN EXHAUSTIVE LIST: This is a jumping-off point for you to begin your preparation. If you have any questions about how to prepare, reach out to our office, or any member of the board certification committee (current members listed on 5-PATH.com)**
- ❖ Prepare for the Exams: Review all relevant materials and take time to understand the concepts thoroughly. Remember, the first exam is open book/manual, so familiarize yourself with where to find key information.
- ❖ Article Submission: Choose topics that you are knowledgeable about that will be of interest and valuable to the 5-PATH® IAHP community.
- ❖ Interview Preparation: Be prepared to answer questions about 5-PATH®, 7th Path®, and *The Secret Language of Feelings*.
- ❖ What you *don't* need to know: Specific important hypnotism history dates, ethics & standards of practice unrelated to 5-PATH®, 7th Path®, and TSLOF.
- ❖ What we won't ask about: anything you know, or do, in your business concerning any other kind of hypnosis system, technique, or philosophy.
 - Keep answers at all steps of this process limited to 5-PATH®, 7th Path®, and TSLOF.

Remember, this is a journey of professional development. Take your time, study well, and reach out for support if needed.

Good luck!